

**Foodnet Meals on Wheels
Nutrition for the Elderly in Tompkins County, Inc.
Board of Directors Meeting
Monday, August 10, 2009**

Present: *Board Members:* Chris Decker, Melissa Gatch, Jim Henery, Sonya Islam, Lorraine Johnson, Jim Pratt, Elizabeth Schneider, Bill Tomek

Staff: Carolyn Arnold and Steve Griffin

Excused: Joy Blumkin, Margaret Washington, Eileen Whang, Bob Herdt, Loren Gardner, Hector Velez, Dongjun Zhao.

Bill Tomek called the meeting to order at 6:17

The minutes of the June Board meeting were approved without changes

Committee Reports:

Finance: Jim Pratt and Steve reported on the current budget, and plans for the 2010 budget year.

Current budget: The number of meals served is down 6.3% from this time last year, due to a number of factors. This includes fewer operating days, a different counting system (prior years counted meals produced, currently only meals served are counted), and less actual meals served. Participant contributions are up by 5%, Gasoline and oil expenses are down by 42%, and Personnel costs have risen 3%. In short, there has been more income and less expense from last year.

Sonya asked about the increase in participant donations, and whether it was due to a change in how the request for donation was presented. Steve reported that there is now a more visible suggestion, and posting of the actual cost of the meal and the suggested donation at the meal sites and on the menu. This seems to have contributed to the increase in per meal donations.

Budget planning for 2010:

Stimulus funding was approved, and will pay for emergency food provision for participants (aka Blizzard Bags)

Carolyn provided her assessment of the Outreach Worker position. This grant funded position will have to be funded through the Foodnet budget in 2010. The Outreach Worker has put Foodnet in compliance with NY State mandates for assessments and reassessments. Carolyn can now focus on diet and meal specific duties and initial assessments, while the Outreach Worker can focus on annual and semiannual review assessments and food stamp applications.

Development: Lorraine had posters for the September 12 event that pairs Foodnet Wheel a Thon with the SufferJets bout at Cass Park. Steve shared details of the tailgate party before the match. The event will begin with walk, then tailgate chicken barbeque with music provided by the Yardvarks. The SufferJets match follows at 7:00 p.m. Cost of the chicken dinner is \$10, with a \$10 suggested donation for the roller derby. There are currently donations from sponsors totaling \$4250.

P.E.P. Committee: No report this month

Building and Property: Problems with an outdoor drain were fixed and routine refrigerator maintenance was completed this month. The budget for 2010 includes \$9200 in rollover requests earmarked to replace the water heater, reach in freezer and ice machine.

Nominating: No report this month

Staff Reports:

Carolyn: A recent meeting with Patsy Brannon developed plans for a Cornell Dietetic internship in the fall. Laura Sugarwala is interested in community nutrition and sustainable food systems. Plans for her experience at Foodnet include conducting a client satisfaction survey, recruiting a panel of clients for a taste test of shelf stable foods, and managing the planning, purchasing and packing of the emergency "Blizzard Bags".

Carol Ackley the Nutrition Outreach Worker attended a two day suicide prevention training in July. Joe Fort Operations Manager, and Gary Armstrong, Head Cook attended a one-day NYSOFA training on food safety and sanitation presented by a NY State Sanitarian.

Wendy Wenzel, NYSOFA reviewer is scheduled to visit on August 27 to conduct the annual review.

Steve: A recent meeting with the Tompkins County Chapter of the American Red Cross began to indentify how Foodnet and other volunteer organizations might be called on to help distribute donated goods and services in case of an emergency. The eventual results will annexed to the Tompkins County Comprehensive Emergency Management Plan.

Old Business: none

New Business: none

The next meeting will be on September 14, 2009 at 6:15 p.m.

The meeting was adjourned at 7:38
Respectfully submitted by Christine Decker