

Foodnet Meals on Wheels

607-266-9553

Foodnet Leadership

Steve Griffin

Executive Director

Carolyn Arnold

*Assistant Director/
Registered Dietitian*

Joe Fort

Food Service Manager

Jon Carlton

*Administrative Services
Manager*

Betsy Spencer

*Nutrition Outreach
Worker*

Our Mission: to provide meals and other nutrition services that promote dignity, well being and independence for older adults and other persons in need in Tompkins County.

What We Do

Home Delivered Meals

Community Center
Meals

Nutrition Assessment

Nutrition Counseling

Outside Service Referrals

SNAP Application Assistance



Founded in 1987, Foodnet serves
Ithaca and Tompkins County

2011 Statistics

- 213,000 total meals served
- 183,000 home delivered meals
- 30,000 congregate meals
- 942 individuals served
- 76 average age of participants
- 410 nutrition counseling hours
- 23 households helped to receive food stamps
- 73 volunteers
- 11 full-time and 13 part-time employees



WE ARE
Meals On Wheels
So no senior goes hungry.



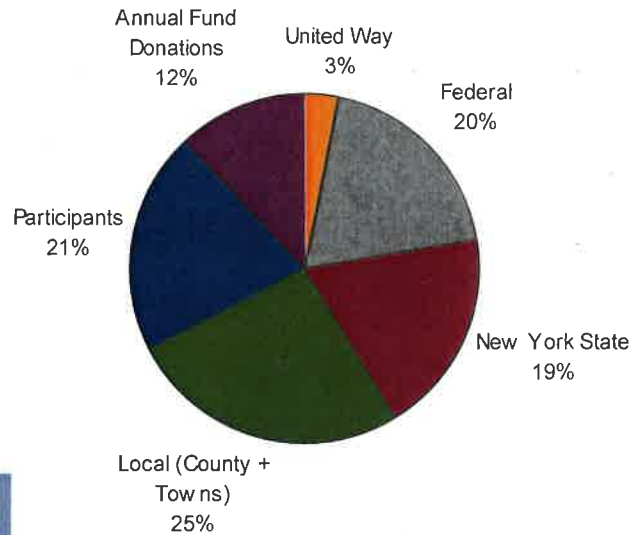
FOODNET
MEALS ON WHEELS

2422 N. Triphammer Rd. Ithaca, NY 14850
607-266-9553

Foodnet At a Glance

“We envision a Tompkins County community in which senior hunger is eliminated, supportive services are readily accessible, and our neighbors enjoy independence without isolation.”

Revenue Sources



By the Numbers...

Total Expenses:

\$1,176,587

Total Revenue

\$1,193,015

Raw Food Cost/Meal

\$1.27

Program Cost/Meal

\$5.67



Member Organization



Subcontractor

~ Meet Our Board of Directors ~

Robert Herdt, Chair

International Professor

Sonya Islam, Vice Chair

Extension Associate, Dietitian

Christine Decker, Secretary

Ithaca College Gerontology

James Pratt, Treasurer

Sr. Research Associate

Joy Blumkin

Elder Law Attorney

William Demo

Retired Higher Education Administrator

Loren Gardner

Trust Officer

Melissa Gatch

Community Health Nurse Supervisor

Lorraine Johnson

Development Professional

Mary Opperman

Human Resources Administrator

Alice Tewell

Associate Pastor

Hector Velez

Latino Studies Professor

Eileen McCoy Whang

Dependent Care Consultant

Dongjun Zhao

Food Scientist

Zahra Chevannes

Meinig Scholar, Cornell University

Carolyn Arnold

Foodnet Dietitian

Stephen Griffin

Foodnet Director