

Eligibility Guidelines

If you are over the age of 60, you can...

- Have up to \$3000 in cash, savings, stocks, & bonds
- Own a house and a car
- Have a monthly income of up to \$1702
- Deduct medical bills and other expenses to meet the income limit
- Authorize someone to apply and shop for you

****Note: If you already receive food stamps, you do not need to apply for this program.**



**Food Benefit Card...
Helps You to Help Yourself**



Checklist

Call our Food Benefit Card Hotline. We can help you to apply for a Food Benefit Card !

Call Carol: **266-0654**

You will need to provide:

- All financial statements- last 30-day activity
- Proof of most recent income (Social Security, SSI, SSD, pension, pay stubs)

It will increase your benefit amount if you have proof of:

- Medical expenses not covered by insurance
- Other living expenses such as rent, utilities, phone

We will help you make copies to send in if needed– you keep your original documents.

Food Benefit Card

Foodnet Can Help You



**FOODNET
MEALS ON WHEELS**

**Food Benefit Card
Application Assistance**

Call: 266-0654



Food Benefit Card lets you...

- Buy groceries such as milk, eggs, bread, rice, pasta, vegetables, fruits, juice, and most other foods
- Buy seeds and plants to grow food at home
- Buy nutrition supplements such as Ensure
- Make your meal contribution to Foodnet

Food Cards also:

- Bring federal tax dollars back to our community
- Help people with limited incomes afford the food they need to stay healthy

Foodnet will help eligible seniors apply for a Food Benefit Card.

If you qualify, the minimum benefit is \$120/year. You may qualify to receive even more!

Contact Carol at **266-0654** to set up a meeting at your home, at a meal site, or at our main office on N. Triphammer Road near the mall.

This program is funded by the United Way of Tompkins County.



What Happens with Food Benefit Cards:

- Once approved, you will receive a plastic debit card & PIN
- Each month, your benefits are put on your card
- You can check your benefit balance by phone
- If eligible, you can renew by mail once a year
- You can use the Food Benefit Card at any grocery store

